



What can WCSI do for you?



INTELLECTUAL DISABILITY/AUTISM

SUPPORT COORDINATION

Supports Coordination services are designed to support consumers of all ages with an Intellectual Disability or Autism Diagnosis. Your Supports Coordinator will help you develop and manage an Individual Support Plan, assistance with linking, arranging for and obtaining services specified in this plan. They can also provide ongoing monitoring to ensure that you are getting the supports you need and when you need them to see improvements in your life. We value what is important to people with disabilities and their families, who are striving for an everyday life. An everyday life is about opportunities, relationships, rights, and responsibilities. It is about being a member of the community, having a valued role, making a contribution to society, and having one's rights as a citizen fully respected. This is the vision that you can work towards with your Supports Coordinator.



EARLY INTERVENTION (EI) SERVICE COORDINATION

Early Intervention Service Coordination services are designed to assist families with infants and toddlers from birth to three years of age who have developmental delays or disabilities. If you are concerned about your child's development, call for an intake and multi-disciplinary evaluation, at no cost, to determine eligibility for the Early Intervention program. If your child is determined eligible, the Service Coordinator develops an Individualized Family Service Plan (IFSP) with you for services. Our goal is to develop an effective strategy of care through resources and therapeutic providers to enhance the natural learning that occurs in your child's early years.

BEHAVIORAL HEALTH DEPARTMENT

Intake: Individuals interested in receiving Behavioral Health Services will have an Intake to collect information to determine services and resources that would benefit the individual, recommended services may include case management, treatment services and/or community resources.

Administrative Case Management (AM): An AM is available to any resident of Westmoreland County over 3 years of age, has a behavioral health diagnosis, and in need of identified service (s).

Child and Family Resource Center (CFRC): Service Navigators are available to assist families in identifying services, resources and supports to meet their child's individual needs. The family may also request an Individual Planning Meeting (IPM) to bring together team members to problem-solve and set goals unique to each child. For Service Navigator assistance or to request an IPM contact the CFRC.

Targeted Case Management (TCM): Case management service designed to provide community-based support for adults and children who are diagnosed with a serious behavioral health disorder and have a high level of need. TCMs meet regularly with individuals and/or their families to identify and access community resources, build and strengthen relationships, and problem-solve barriers to recovery. The TCM program also offers specialized support to those involved in the criminal justice system.

Certified Peer Services (CPS): A service provided by trained individuals who are in behavioral health recovery themselves. CPS's use their specific training and personal life experiences to provide insight and support to clients who are living with mental illness and working towards their own recovery.

Prison Treatment Program (PTP): Based in the Westmoreland County Prison, the PTP offers individual therapy and/or psychoeducational groups with the goals of reducing behavioral health symptoms during incarceration, promoting successful re-entry into the community, and reducing the risk of recidivism.

BEHAVIORAL HEALTH DEPARTMENT, CONT.

Family Support Services: Family Support Services (FSS) are services to enable individuals with behavioral health needs, and their families, to be assisted at home and offer supports which enable the individual to live independently in the community. Clients must be open to WCSI and priority may be given to individuals who are actively being treated in the public Behavioral Health System

Student Assistance Program (SAP): An intervention program that helps students overcome barriers to learning so that they can thrive in their academic environment and community. The liaison can help connect a student to behavioral health needs, drug and alcohol services, health needs, housing, and social skills groups. The liaison is also able to assist families enroll in case management services if needed.

WCSI Link: Provides individuals transportation to community resources and opportunities for socialization. An individual interested in using the WCSI Link should request their case manager complete a referral.



“We live in a world in which we need to share responsibility. It's easy to say ‘It's not my child, not my community, not my world, not my problem.’ Then there are those who see the need and respond.

I consider those people my heroes.”

By Fred Rogers

Training Opportunities

WCSI strives to be the hub for training and development in Westmoreland County. We can develop training to meet the needs of your agency. Visit the Education & Training Calendar at www.wcsi.org for all upcoming opportunities.



Mental Health First Aid (MHFA)

WCSI is pleased to offer MHFA Certification. MHFA is an 8-hour certification that introduces participants to risk factors, warning signs, and impacts of mental health problems and overviews of common treatments. MHFA is designed to fight stigma associated with mental illness and to address the real desire to help someone who is struggling on their way to recovery. Available in person, virtual, or hybrid.

QPR (Question, Persuade, Refer)

The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical and proven suicide prevention training. The signs of crisis are all around us. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know. Available in person or virtual.



*Over a Quarter of a Century
of Caring and Serving*



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Spanish: ATENCIÓN: Si usted habla español, los servicios de ayuda de idioma, sin ningún costo, están disponibles para usted. Llamar al [412-228-0240], [1-866-872-8969] or [412-596-4640].

Russian: ВНИМАНИЕ: Если Вы говорите на русском языке, Вам предлагаются бесплатные переводческие услуги. Позвоните по номеру [412-228-0240], [1-866-8969] or [412-596-4640].



WCSI

WCSI Mission Statement:

We are dedicated to working in partnership with all individuals impacted by intellectual/developmental disabilities and behavioral health challenges through their connection to essential services, personal empowerment and promotion of wellness.

WCSI Vision:

“WCSI” will be a leader in integrating people into the community through Recovery, Wellness and Positive Approaches to live a full and renewed life.



Westmoreland Casemanagement and Supports, Inc.

www.wcsi.org